

**1 - SOCIAL****The person**

Activity:		
Name:		
Date:		
<i>Is this activity beneficial to this person? Answer questions only if they are relevant. Mark with a tick for YES, cross for NO</i>		√ X
<b>PERSON WITH DEMENTIA</b>		
Character & personality	Would you say the person with dementia is a sociable person?	
	Would they initiate a conversation if a person entered the room?	
	Are they generally inquisitive?	
	Do they like to gossip?	
	Do they tend to have an opinion about things?	
	Do they enjoy a debate?	
	Do they enjoy a good laugh?	
	Do they enjoy visiting others or having a visitor?	
Interests & activities	Are they interested in what is going on in the world?	
	Are they informed about current events?	
<i>Groups</i>	Are they in a social club/organisation or were they in the past?	
	Are they part of a faith community?	
	Were they part of a faith community in the past?	
<i>Travel</i>	Do they enjoy going for a walk?	
	Do they drive or have access to a car?	
	Do they take public transport?	
	Do they travel abroad?	
	Would they like to travel?	
<i>Media</i>	Do they read newspapers and magazines?	
	Do they listen to the radio?	
	Do they watch television?	
	Do they talk on the phone?	
	Would they like to do these things?	
Privacy choice & control	Is the person able to socialise in a private room?	
	Can the person choose who to socialise with?	
	Can the person refuse to be in a social situation?	
	Can the person indicate a preference to be alone or to socialise?	
Psychological & emotional	Are they free from stress or anxiety?	
	Are they not suffering from depression?	

	Are they free from boredom?	
Physical & medical	Is the person able to stay awake, aware and engaged?	
	Are they physically comfortable?	
	Are they free from pain & discomfort?	
	If they use false teeth are they in so the person can speak clearly?	
Sensory		
<i>Sight</i>	Can they make out facial expressions across a daylight room?	
	Can they make out facial features of a person sitting nearby?	
	Can they see signage such as names/numbers on doors?	
	If they require glasses can these be provided?	
	If they use glasses, are these on and clean?	
<i>Hearing</i>	Can they hear normal levels of conversation across a room?	
	Is their hearing adequate to hear another person within arm's length?	
	Is their hearing tested regularly?	
	If they require support for hearing impairment can it be provided?	
	If they use a hearing aid, is it clean and properly adjusted?	
	Do they use sign language or read lips?	
	If so, can they be seated where they can see lips and faces clearly?	
Cognitive & intuitive	Do they like to ask questions and find out about things?	
	<i>How well supported is the person by other people? Answer questions only if they are relevant. Mark with a tick for YES, cross for NO</i>	
<b>CARE, SUPPORT &amp; CULTURE</b>		
Caregivers	Does the person have any regular visitors?	
	Is socialising considered an important part of caring for the person?	
	Is a routine effort made to provide social opportunities?	
	Is participation in a club or group offered to the person?	
	Is the person taken out for walks if they cannot go alone?	
	Do they regularly go to the shops, post office or park?	
	Do they ever go on public transport?	
	Do they ever go on the internet to surf the web?	
	Can caregivers socialise with the person in private?	
	Can caregivers control when and where the socialising occurs?	
	Does the person feel they have enough visitors or time with people?	
	Are care visits long enough for meaningful social interaction?	
	Is the person regularly taken out for a ride in a car or in the mini-bus?	
	Is transport available for the person when and if they need it?	
Friends & family	Does the person have any friends or family living nearby?	
	Do friends or family visit?	

	Does the person share any particular interests with any of them?	
	Does the person receive letters or cards?	
	Does the person receive phone calls?	
	Does the person receive or exchange email?	
	Do grandchildren play a role in their life?	
Neighbours	Does the person have any next door neighbours?	
	Do they have good relationships with the neighbours?	
Peer group	Is the person able to socialise with people of a similar background?	
	Do those around them hold similar world views, attitudes or opinions?	
	Are they in contact with people from the same geographical area?	
	Are they in contact with people of the same generation?	
	Are they in contact with people of the same gender?	
	Are they in contact with people of the opposite gender?	
Community	Do volunteers participate socially in their life?	
	Do they have any links to local community groups?	
	Does the person regularly participate in faith activities?	
	Do clergy or people from a congregation visit them?	
	Are there young people in their life?	
Culture	Do they speak the same language as those around them?	
	Are there people with a similar dialect or way of speaking?	
	Are they in contact with people of the same culture?	
Care home	Is socialising written into the person's care plan?	
	Does it contain details about the person's social preferences?	
	Do caregivers know some details about the person's family?	
	Do caregivers know information like names of children or siblings?	
	Do caregivers know anything about the person's old neighbourhood?	
	Is there a relative's support group?	
	Can relatives have a meal or a cup of tea during a visit?	
	Are visitors encouraged to socialise with the person during meal times?	
	Are medications regularly reviewed to ensure they are not over-prescribed?	
	<b>Total potential <i>person</i> barriers to social activity</b>	

**1 – SOCIAL****1.1 Personal, intimate or private exchange****The place**

*Does the place support this activity? Answer questions only if they are relevant.  
Mark with a tick for YES, cross for NO*

√ X

**SPACE PROVISION**

Is there a cloakroom or place to hang up coats or take off shoes near the front door?

Is the pavement/neighbourhood visually accessible from inside the home?

Is there a lobby or foyer where the person can greet their guests?

Is there a sofa or place for two people to sit together side by side in private?

Is there any private seating space such that two people can have intimate conversation and interaction?

Is there a table or level space within arm's length of the seat for drinks & personal items?

Is there a bed large enough for two people?

**PERSONALISATION & PRIVACY**

Is the person's home clearly marked or numbered so visitors can find them?

Is there a front door to the person's home with their name or number on it?

Is there a door mat, door knocker or bell at the entrance to the person's home?

Does the knock or bell alert the person that they have a visitor?

Does the front door have a peep hole or window for previewing?

In the space normally used for personal conversation, are chairs or seats angled slightly inward (not side by side & parallel)?

Is there a table or level space within arm's length of the chairs for drinks & personal items?

Are there curtains or blinds?

Is there a music or entertainment device in this personal social space?

Are there props to prompt, carry or divert conversation such as treasured or personal items or pictures?

Are there personal meaningful items the person can pick up, handle and show to somebody?

Can the door be locked from the inside?

Is there an en-suite bathroom?

Is there access to a music playing device?

Can two people spend time alone together?

Is there artwork on the walls that is meaningful to the person?

Can the temperature within the room or the private space be individually controlled?

**ACCESSIBILITY & MOBILITY**

Is there unimpeded access into and out of the space?

Is the space easy for the person to reach, not out of the way or too

	uncomfortably far to go?	
	Is there clear floor space for someone to move around the room while socialising?	
<b>COGNITIVE SUPPORT</b>		
	Does the space contain recognisable personal possessions?	
	Is the door into the space identified as belonging to the owner?	
<b>BUILDING INTERIOR</b>		
Finishes	Do the floor, wall & window coverings (curtains, carpets, wallpaper, etc.) appear domestic (rather than institutional)?	
Fixtures	Is there display space for items to generate conversation? Is there storage for items that could be brought out to generate conversation?	
Furniture	Is there a table to sit at and work on some task? Is it possible for two people to sit down and talk without rearranging furniture? Is seating available in reach of a coffee table or side board? Is there room on a nearby level surface for a plate, a cup and a newspaper at the same time? Is there room on a sideboard/shelf for the person's photographs or personal items?	
<i>Chairs</i>	Do chairs give enough comfort & support to the person for the duration of a conversation? Do chairs have arm rests? Do arm rests project in front of the seat? Do chairs have back rests with lumbar support? Do chairs have head support? Is the seat a comfortable height from the floor for the person? Are chair seats warm to the touch? Are chair seats not too deep for the person? Is there a clear kick space back from the front of the seat?	
Supplies	Are there reading materials on display or within easy reach (newspaper, books, magazines)? Are there writing materials on display or within easy reach (crossword, letter, puzzle book)? Is there access to a computer? Is there access to email?	
<b>COMFORT, SUPPORT FOR THE SENSES</b>		
Vision		
<i>Daylighting</i>	Is the space amply lit with daylight? Does the room face east, south or west? Does sunlight come into the room either morning or afternoon, if not	

	both?	
	Does light come in from at least two sides of the room?	
	Do all parts of the room have sufficient daylight?	
<i>Shading</i>	Are shades, blinds or curtains installed in the room?	
<i>Sky view</i>	Does the window have a view of the open sky?	
<i>Glare</i>	<i>Glare is bright uncomfortable light reaching the eyes, usually from sun reflecting off a shiny surface or from looking directly at a light bulb.</i>	
	Are seats arranged so nobody has the sun in their eyes?	
	Are there no shiny or reflective surfaces that shine light into people's eyes (e.g. window sills)?	
<i>Artificial lighting</i>	Is there a choice of lights to turn on during socialising?	
	Can the lighting be dimmed?	
	Are light levels higher than normal in the room?	
	Is the light in the room well-distributed (no areas of deep shadows)?	
	Is there good colour rendering in the room (is it easy to distinguish different colours, for instance black from blue)?	
<i>Glare</i>	Are light bulbs shaded from view so the person cannot see them directly?	
	Are clear glass light fixtures avoided?	
<b>Acoustics</b>		
<i>Background noise</i>	Does traffic or other external noise not interfere?	
	Is there a lack of noise from heating & ventilation systems?	
	Are internal noise sources minimised (kitchen, laundry, lifts, etc.)?	
	Is there a lack of loud, abrupt sounds (buzzers & alarms)?	
	Is there a lack of loud, steady sounds (Hoover / carpet cleaner)?	
	Are loud clangs, rattles or bangs (dishes, cutlery, trolleys) not heard from social areas?	
	Is there good sound insulation between rooms & corridors?	
<i>Acoustic isolation</i>	Does normal conversation not disturb others in adjacent rooms?	
	Is there a lack of disturbance by activities or people in adjacent rooms or upstairs?	
<i>Sound absorption</i>	Is there carpeting?	
	Are there curtains, cushions, wall coverings or upholstery?	
<b>Heating &amp; ventilation</b>		
	Is the air in the room fresh and not stuffy?	
	Is there noticeable air flow but not a draught?	
	Can the heating be adjusted locally?	

	Are the heating controls within reach?	
	Are the ventilation controls within reach?	
	Are the heating controls easy to manipulate and understand?	
	Are the ventilation controls easy to handle?	
<b>SERVICES &amp; SYSTEMS</b>		
Water supply	Is drinking water available?	
	If drinking water is in a refillable reservoir is it routinely refilled?	
	Is hot and cold tap water available?	
Electrics	Are there adequate electric outlets?	
	Are there electric sockets in areas of the room where you think the person might need them?	
	Can the person reach the switches they need to without bending or stretching?	
Phone, cable and IT	Is there a phone line, TV cable and power outlet in the room used for socialising?	
	Does the person have access to a private phone line?	
	Is there a phone line in their sitting room?	
	Is there a phone line in their bedroom?	
	If no to the above, is there a phone the person can use?	
	Is there a phone they can receive calls on in a private space?	
	Is there a broadband internet connection?	
Systems & controls	Are there any switches meant for the person to use?	
	If so, are they straightforward and simple for the person to operate?	
	Are they located where they are visible to the person?	
	Are they within reach of the person without stretching or leaning?	
	<b>Total potential <i>place</i> barriers to personal, intimate or private exchange</b>	

**1 - SOCIAL****1.2 Space for personal conversation - interaction among good friends****The place**

		<i>Does the place support this activity? Answer questions only if they are relevant. Mark with a tick for YES, cross for NO</i>
<b>SPACE PROVISION</b>		
	Are there one or more rooms for socialising with seats for visitors not in the person's private space?	
	Is there a domestic sized sitting room with seating for only 2-4 people?	
	Is there a room used for personal conversation (or an enclosed space in a larger room) with only 2-3 chairs/seats?	
	Is there a room or enclosed space with the seats close enough for good friends to have personal conversations?	
<b>PERSONALISATION &amp; PRIVACY</b>		
	Is there a table or level space within easy reach of the chairs for drinks & personal items?	
	Is there a music or entertainment device in this social space?	
	Is the music/entertainment played, changed or in any way controlled or adjusted by the person or their guests?	
	Are there props to prompt, carry or divert conversation such as personal items or pictures?	
	Are there personal meaningful items the person can pick up, handle and show to somebody?	
	Can the temperature within the room or the private space be individually controlled?	
<b>ACCESSIBILITY &amp; MOBILITY</b>		
	Is there room for a wheelchair to be integrated into the seating arrangements?	
	Is there unimpeded access into and out of the space?	
	Is the space easy for the person to reach, not out of the way or too uncomfortably far to go?	
	Is there clear floor space for someone to move around the room while socialising?	
<b>COGNITIVE SUPPORT</b>		
	Is it clear that the space is intended for social activity?	
	Is there a lack of conflicting information about the room function in the furnishings and contents?	
<b>BUILDING INTERIOR</b>		
Finishes	Do the floor, wall & window coverings (curtains, carpets, wallpaper, etc.) appear domestic (rather than institutional)?	
Fixtures	Are there cupboards or counters nearby where the person & their visitors prepare hot and cold drinks?	
	Is there a nearby sink the person and their visitors use with hot & cold water and adjacent counter space for washing up?	

	Are there drawers and cabinet storage for the person's own utensils, crockery, etc?	
	Are there cupboards or cool storage for their own tins, boxes or bags of food supplies?	
	Is there a fridge which they personally use?	
	Is there visible display space for items to generate conversation?	
	Is there nearby storage for items that could be brought out to generate conversation?	
Furniture	Is there a table to sit at and work on some task?	
	Is it possible for two people to sit down and talk without rearranging furniture?	
	Is seating available in reach of a coffee table or side board?	
	Is there room on a nearby level surface for a plate, a cup and a newspaper at the same time?	
	Is there room on a sideboard/shelf for the person's photographs or personal items?	
	Are sharp corners and edges avoided on table tops and counters?	
Chairs	Do chairs give enough comfort & support to the person for the duration of a conversation?	
	Do chairs have arm rests?	
	Do arm rests project in front of the seat?	
	Do chairs have back rests with lumbar support?	
	Do chairs have head support?	
	Is the seat a comfortable height from the floor for the person?	
	Are chair seats warm to the touch?	
	Are chair seats not too deep for the person?	
	Is there a clear kick space back from the front of the seat?	
	Are sight lines to the other chairs directly in front or slightly left or right (i.e. not looking sideways?)	
	Is there an unobstructed sight line between two seats?	
Supplies	Are there trays for transporting items between the kitchen and other rooms?	
	Are there reading materials on display or within easy reach (newspaper, books, magazines)?	
	Are there writing materials on display or within easy reach (crossword, letter, puzzle book)?	
	Is there access to a computer?	
<b>COMFORT, SUPPORT FOR THE SENSES</b>		
Vision		
Daylighting	Is the space amply lit with daylight?	
	Does the room face east, south or west?	
	Does sunlight come into the room either morning or afternoon, if not both?	
	Does light come in from at least two sides of the room?	
	Do all parts of the room have sufficient daylight?	

<b>Shading</b>	Are shades, blinds or curtains installed in the room?	
	Can the shades or blinds be operated by the people who will be using the room?	
	Do the shades or blinds adequately cover the window (no strong sun leaks in at the sides of the blinds)?	
<b>Sky view</b>	Does the window have a view of the open sky?	
<b>Glare</b>	<i>Glare is bright uncomfortable light reaching the eyes, usually from sun reflecting off a shiny surface or from looking directly at a light bulb.</i>	
	Are seats arranged so nobody has the sun in their eyes?	
	Are there no shiny or reflective surfaces that shine light into people's eyes (e.g. window sills)?	
<b>Artificial lighting</b>	Is there a choice of lights to turn on during socialising?	
	Are light levels higher than normal in the room?	
	Is the light in the room well-distributed (no areas of deep shadows)?	
	Is there good colour rendering in the room (is it easy to distinguish different colours, for instance black from blue)?	
<b>Glare</b>	Are light bulbs shaded from view so the person cannot see them directly?	
	Are clear glass light fixtures avoided?	
	Is there no light shining in people's eyes while seated?	
<b>Acoustics</b>		
<b>Background noise</b>	Does traffic or other external noise not interfere?	
	Is there a lack of noise from heating & ventilation systems?	
	Are internal noise sources minimised (kitchen, laundry, lifts, etc.)?	
	Is there a lack of loud, abrupt sounds (buzzers & alarms)?	
	Is there a lack of loud, steady sounds (Hoover / carpet cleaner)?	
	Are loud clangs, rattles or bangs (dishes, cutlery, trolleys) not heard from social areas?	
	Is there good sound insulation between rooms & corridors?	
<b>Acoustic isolation</b>	Does normal conversation not disturb others in adjacent rooms?	
	Is there a lack of disturbance by activities or people in adjacent rooms or upstairs?	
<b>Sound absorption</b>	Is there carpeting?	
	Are there curtains, cushions, wall coverings or upholstery?	
<b>Heating &amp; ventilation</b>	Is the air in the room fresh and not stuffy?	

	Is there noticeable air flow but not a draught?	
	Can the heating be adjusted locally?	
	Are the heating controls within reach?	
	Are the ventilation controls within reach?	
	Are the heating controls easy to manipulate and understand?	
	Are the ventilation controls easy to handle?	
<b>SERVICES &amp; SYSTEMS</b>		
Water supply	Is drinking water available?	
	If drinking water is in a refillable reservoir is it routinely refilled?	
	Is hot and cold tap water available?	
Electrics	Are there adequate electric outlets?	
	Are there electric sockets in areas of the room where you think the person might need them?	
	Can the person reach the switches they need to without bending or stretching?	
Phone, cable and IT	Is there a phone line, TV cable and power outlet in the room used for socialising?	
	Is there a broadband internet connection?	
Systems & controls	If remote control would benefit the person, are any devices remotely controlled?	
	Are there any switches meant for the person to use?	
	If so, are they straightforward and simple for the person to operate?	
	Are they located where they are visible to the person?	
	Are they within reach of the person without stretching or leaning?	
<b>Total potential <i>place</i> barriers to personal conversation - interaction among good friends</b>		

**1 - SOCIAL****1.3 Socialising – interaction among acquaintances****The place**

*Does the place support this activity? Answer questions only if they are relevant.  
Mark with a tick for YES, cross for NO*

✓ X

**SPACE PROVISION**

Is there a room large enough to accommodate a group of 5 or more people occasionally?

Is there a social space leading directly off the main entrance?

Is there a room (or an enclosed space in a larger room) for socialising with only 3-5 chairs or seats?

In the space usually used for socialising, are seats close enough for normal social interactions?

Are these seats close enough for acquaintances to see and hear each other well?

**PERSONALISATION & PRIVACY**

Are the place settings and furniture domestic-style and not institutional?

Do social spaces appear welcoming rather than formal and off-limits?

Is there artwork on the walls that is meaningful to the person?

Can the social space be used spontaneously rather than booked ahead of time?

Does social use of a room require permission?

Is it possible to have a private conversation in the social space without being overheard?

Can books, reading glasses, etc be left in the sitting room and returned to later?

Can the person control the level and choice of music in the sitting or dining room?

Is there a music or entertainment device in this social space?

Is the music/entertainment played, changed or in any way controlled or adjusted by the person or their guests?

**ACCESSIBILITY & MOBILITY**

Is there unimpeded access into and out of the social space?

Is the social space easy for the person to reach, not out of the way or too uncomfortably far to go?

Is there clear floor space in the social space for someone to move around the room while socialising?

Is there room for wheelchairs to be integrated into the seating arrangements?

**COGNITIVE SUPPORT**

Is it clear that the space is intended for social activity?

Is there a lack of conflicting information about the room function in the furnishings and contents?

**BUILDING INTERIOR**

Finishes	Do the floor, wall & window coverings (curtains, carpets, wallpaper, etc.) appear domestic (rather than institutional)?	
Fixtures	Is there display space for items to generate conversation? Is there nearby storage for items that could be brought out to generate conversation?	
Furniture	Is there a table or level surface within easy reach of the chairs for drinks & personal items?	
<i>Chairs</i>	Do chairs give enough comfort & support to the person for the duration of a conversation?	
	Do chairs have arm rests?	
	Do arm rests project in front of the seat?	
	Do chairs have back rests with lumbar support?	
	Do chairs have head support?	
	Is the seat a comfortable height from the floor for the person?	
	Are chair seats warm to the touch?	
	Are chair seats not too deep for the person?	
	Is there a clear kick space back from the front of the seat?	
	Are sight lines to the other chairs directly in front or slightly left or right (i.e. not looking sideways)?	
	Is there an unobstructed sight line between two seats?	
	For a person with impaired vision, are there unobstructed sight lines no longer than 3m between seats?	
Supplies	Are there reading materials on display or within easy reach (newspaper, books, magazines)?	
	Are there writing materials on display or within easy reach (crossword, letter, puzzle book)?	
<b>COMFORT, SUPPORT FOR THE SENSES</b>		
Vision		
<i>Daylighting</i>	Is the space amply lit with daylight?	
	Does the room face east, south or west?	
	Does sunlight come into the room either morning or afternoon, if not both?	
	Does light come in from at least two sides of the room?	
	Do all parts of the room have sufficient daylight?	
<i>Shading</i>	Are shades, blinds or curtains installed in the room?	
	Can the shades or blinds be operated by the people who will be using the room?	
	Do the shades or blinds adequately cover the window (no strong sun leaks in at the sides of the blinds)?	
<i>Sky view</i>	Does the window have a view of the open sky?	
<i>Glare</i>	<i>Glare is bright uncomfortable light reaching the eyes, usually from sun reflecting off</i>	

	<i>a shiny surface or from looking directly at a light bulb.</i>	
	Are seats arranged so nobody has the sun in their eyes?	
	Are there no shiny or reflective surfaces that shine light into people's eyes (e.g. window sills)?	
<i>Artificial lighting</i>	Is there a choice of lights to turn on during socialising?	
	Are light levels higher than normal in the room?	
	Is the light in the room well-distributed (no areas of deep shadows)?	
	Is there good colour rendering in the room ( <i>is it easy to distinguish different colours, for instance black from blue</i> )?	
<i>Glare</i>	Are light bulbs shaded from view so the person cannot see them directly?	
	Are clear glass light fixtures avoided?	
	Is there no light shining in people's eyes while seated?	
<b>Acoustics</b>		
<i>Background noise</i>	Does traffic or other external noise not interfere?	
	Is there a lack of noise from heating & ventilation systems?	
	Are internal noise sources minimised (kitchen, laundry, lifts, etc.)?	
	Is there a lack of loud, abrupt sounds (buzzers & alarms)?	
	Is there a lack of loud, steady sounds (Hoover / carpet cleaner)?	
	Are loud clangs, rattles or bangs (dishes, cutlery, trolleys) not heard from social areas?	
	Is there good sound insulation between rooms & corridors?	
<i>Acoustic isolation</i>	Does normal conversation not disturb others in adjacent rooms?	
	Is there a lack of disturbance by activities or people in adjacent rooms or upstairs?	
<i>Sound absorption</i>	Is there carpeting?	
	Are there curtains, cushions, wall coverings or upholstery?	
<b>Heating &amp; ventilation</b>	Is the air in the room fresh and not stuffy?	
	Is there noticeable air flow but not a draught?	
	Can the heating be adjusted locally?	
<b>SERVICES &amp; SYSTEMS</b>		
<b>Water supply</b>	Is drinking water available?	
	If drinking water is in a refillable reservoir is it routinely refilled?	
	Is hot and cold tap water available?	
<b>Electrics</b>	Are there adequate electric outlets?	
	Are there electric sockets in areas of the room where you think the	

	person might need them?	
	Can the person reach the switches they need to without bending or stretching?	
Systems & controls	Is there a loop induction system?	
	If remote control would benefit the person, are any devices remotely controlled?	
	Are there any switches meant for the person to use?	
	If so, are they straightforward and simple for the person to operate?	
	Are they located where they are visible to the person?	
	Are they within reach of the person without stretching or leaning?	
	<b>Total potential <i>place</i> barriers to socialising – interaction among acquaintances</b>	

**1 - SOCIAL****1.4 Social gatherings, parties****The place**

*Does the place support this activity? Answer questions only if they are relevant.  
Mark with a tick for YES, cross for NO*

✓ X

**SPACE PROVISION**

Is there a room large enough to accommodate a group of 20 or more people occasionally?

Does the social space lead directly off the main entrance?

Is there space to lay out drinks and food?

Is there space for an entertainer to perform?

Are the toilets within easy reach of the social space?

**PERSONALISATION & PRIVACY**

Are the place settings and furniture non-institutional?

Do social spaces appear welcoming rather than formal and off-limits?

Can the social space be used spontaneously rather than booked ahead of time?

Does social use of a room require permission?

Is there a music or entertainment device in this social space?

Is the music/entertainment played, changed or in any way controlled or adjusted by the person or their guests?

**ACCESSIBILITY & MOBILITY**

Is there unimpeded access into and out of the social space?

Are handrails provided along the access route to the social space?

Is the social space easy for the person to reach, not out of the way or too uncomfortably far to go?

Is there clear floor space in the social space for someone to move around the room while socialising?

Is there room for wheelchairs to be integrated into the seating arrangements?

**BUILDING INTERIOR**

**Finishes** Do the floor, wall & window coverings (curtains, carpets, wallpaper, etc.) appear non-institutional?

**Furniture** Is there a table or level surface within easy reach of the chairs for drinks & food?

**Chairs** Do chairs give enough comfort & support to the person for the duration of a conversation?

Do chairs have arm rests?

Do arm rests project in front of the seat?

Do chairs have back rests with lumbar support?

Do chairs have head support?

Is the seat a comfortable height from the floor for the person?

Are chair seats warm to the touch?

	Are chair seats not too deep for the person?	
	Is there a clear kick space back from the front of the seat?	
	Are sight lines to the other chairs directly in front or slightly left or right (i.e. not looking sideways?)	
	Is there an unobstructed sight line between two seats?	
	For a person with impaired vision, are there unobstructed sight lines no longer than 3m between seats?	
<b>COMFORT, SUPPORT FOR THE SENSES</b>		
<b>Vision</b>		
<i>Daylighting</i>	Is the space amply lit with daylight?	
<i>Shading</i>	Are shades, blinds or curtains installed in the room?	
	Can the shades or blinds be operated by the people who will be using the room?	
	Do the shades or blinds adequately cover the window (no strong sun leaks in at the sides of the blinds)?	
<i>Glare</i>	<i>Glare is bright uncomfortable light reaching the eyes, usually from sun reflecting off a shiny surface or from looking directly at a light bulb.</i>	
	Are seats arranged so nobody has the sun in their eyes?	
	Are there no shiny or reflective surfaces that shine light into people's eyes (e.g. window sills)?	
<i>Artificial lighting</i>	Is there a choice of lights to turn on during socialising?	
	Is the light in the room well-distributed (no areas of deep shadows)?	
	Is there good colour rendering in the room (is it easy to distinguish different colours, for instance black from blue)?	
<i>Glare</i>	Are light bulbs shaded from view so the person cannot see them directly?	
	Are clear glass light fixtures avoided?	
	Is there no light shining in people's eyes while seated?	
<b>Acoustics</b>		
<i>Background noise</i>	Does traffic or other external noise not interfere?	
	Is there a lack of noise from heating & ventilation systems?	
	Are internal noise sources minimised (kitchen, laundry, lifts, etc.)?	
	Is there a lack of loud, abrupt sounds (buzzers & alarms)?	
	Is there a lack of loud, steady sounds (Hoover / carpet cleaner)?	
	Are loud clangs, rattles or bangs (dishes, cutlery, trolleys) not heard from social areas?	
	Is there good sound insulation between rooms & corridors?	
<i>Acoustic isolation</i>	Does normal conversation not disturb others in adjacent rooms?	
	Is there a lack of disturbance by activities or people in adjacent rooms or upstairs?	

<i>Sound absorption</i>	Is there carpeting?	
	Are there curtains, cushions, wall coverings or upholstery?	
Heating & ventilation	Is the air in the room fresh and not stuffy?	
	Is there noticeable air flow but not a draught?	
	Can the heating be adjusted locally?	
<b>SERVICES &amp; SYSTEMS</b>		
Electrics	Are there adequate electric outlets?	
	Are there electric sockets in areas of the room where you think the person might need them?	
	Can the person reach the switches they need to without bending or stretching?	
	Are there electric sockets available for entertainer's equipment to be used safely without trailing wires?	
Systems & controls	Is there a loop induction system?	
<b>Total potential <i>place</i> barriers to social gatherings, parties</b>		

# 1 - SOCIAL

## 1.5 Dining

### The place

		<i>Does the place support this activity? Answer questions only if they are relevant. Mark with a tick for YES, cross for NO</i>
<b>SPACE PROVISION</b>		
	Is there a separate dining room or a permanently designated dining space?	
	Is the dining space accessed without passing through private areas?	
	Is there a dining table for 2 people to sit comfortably?	
	Is there a dining table and chairs to seat 2-4 people comfortably?	
	Is there a small scale dining room for not more than 6?	
	Does the dining space have a view to the outside?	
<b>PERSONALISATION &amp; PRIVACY</b>		
	Are the place settings and furniture non-institutional?	
	Can the dining space be used at any time of the day or night?	
	Can the dining space be used by the person and guests?	
	Can the dining space be used for as long as the person and their guests need it?	
	Can place settings, food or drinks be left on the table and returned to later?	
	Can the washing up be done when it is convenient for the people involved?	
	Is there a music device in the dining space?	
	Can music be played, changed, raised, lowered or in any way controlled or adjusted by the diners?	
	Can the lighting be raised, dimmed or adjusted in any way by the diners?	
<b>ACCESSIBILITY &amp; MOBILITY</b>		
	Is there unimpeded access into and out of the dining space?	
	Are handrails provided along the route to the dining space?	
	Is the dining space easy for the person to reach, not out of the way or too uncomfortably far to go?	
	Is there room for wheelchairs to be integrated into the seating arrangements?	
<b>COGNITIVE SUPPORT</b>		
	Is it clear that the space is intended for dining?	
	Is there a lack of conflicting information about the room function in the furnishings and contents?	
<b>BUILDING INTERIOR</b>		
Finishes	Do the floor, wall & window coverings (curtains, carpets, wallpaper, etc.) appear domestic (rather than institutional)?	
Fixtures	Are there cupboards or counters nearby where the person & their	

	visitors prepare hot and cold beverages?	
	Is there a nearby sink the person and their visitors use with hot & cold water and adjacent counter space for washing up?	
	Are there drawers and cabinet storage for the person's own utensils, crockery, etc?	
	Are there cupboards or cool storage for their own tins, boxes or bags of food supplies?	
	Is there a fridge which they personally use?	
Furniture	Is seating available in reach of a coffee table or side board?	
	Are sharp edges and corners avoided on table tops?	
Chairs	Do chairs give enough comfort & support to the person for the duration of a conversation?	
	Do chairs have arm rests?	
	Do arm rests project in front of the seat?	
	Do chairs have back rests with lumbar support?	
	Do chairs have head support?	
	Is the seat a comfortable height from the floor for the person?	
	Are chair seats warm to the touch?	
	Are chair seats not too deep for the person?	
	Is there a clear kick space back from the front of the seat?	
Supplies	Are there sufficient place settings for 2-6 people in the small dining space (tableware, silverware, etc?)	
	Are there trays for transporting items between the kitchen and other rooms?	
<b>COMFORT, SUPPORT FOR THE SENSES</b>		
Vision		
Daylighting	Is the space amply lit with daylight?	
	Does the room face east, south or west?	
	Does sunlight come into the room either morning or afternoon, if not both?	
	Do all parts of the room have sufficient daylight?	
Shading	Are shades, blinds or curtains installed in the room?	
	Can the shades or blinds be operated by the people who will be using the room?	
	Do the shades or blinds adequately cover the window (no strong sun leaks in at the sides of the blinds)?	
Sky view	Does the window have a view of the open sky?	
Glare	<i>Glare is bright uncomfortable light reaching the eyes, usually from sun reflecting off a shiny surface or from looking directly at a light bulb.</i>	
	Are seats arranged so nobody has the sun in their eyes?	
	Are there no shiny or reflective surfaces that shine light into people's eyes (e.g. window sills)?	

<i>Artificial lighting</i>	Is the light in the room well-distributed (no areas of deep shadows)?	
	Is there good colour rendering in the room (is it easy to distinguish different colours, for instance black from blue)?	
<i>Glare</i>	Are light bulbs shaded from view so the person cannot see them directly?	
	Are clear glass light fixtures avoided?	
	Is there no light shining in people's eyes while seated?	
<b>Acoustics</b>		
<i>Background noise</i>	Does traffic or other external noise not interfere?	
	Is there a lack of noise from heating & ventilation systems?	
	Are internal noise sources minimised (kitchen, laundry, lifts, etc.)?	
	Is there a general lack of loud, abrupt sounds (buzzers & alarms)?	
	Are loud clangs, rattles or bangs (dishes, cutlery, trolleys) minimised?	
	Is there good sound insulation between rooms & corridors?	
<i>Acoustic isolation</i>	Does noise from dining not disturb others in adjacent rooms?	
<i>Sound absorption</i>	Is there carpeting?	
	Are there curtains, cushions, wall coverings or upholstery?	
<b>Heating &amp; ventilation</b>	Is the air in the room fresh and not stuffy?	
	Is there noticeable air flow but not a draught?	
	Can the heating be adjusted locally?	
<b>SERVICES &amp; SYSTEMS</b>		
<b>Water supply</b>	Is drinking water available?	
	If drinking water is in a refillable reservoir is it routinely refilled?	
	Is hot and cold tap water available?	
<b>Electrics</b>	Are there adequate electric outlets?	
	Are there electric sockets in areas of the room where you think the person might need them?	
	Can the person reach the switches they need to without bending or stretching?	
<b>Total potential <i>place</i> barriers to dining</b>		

**1 - SOCIAL****1.6 Social exchange in the community****The place**

*Does the place support this activity? Answer questions only if they are relevant.  
Mark with a tick for YES, cross for NO*

✓ X

**SPACE PROVISION**

Is the pavement/neighbourhood visually accessible from inside the home?

Is the neighbourhood safe for older people?

Are there safe and interesting walking routes near the home?

Is the home located within a community setting near shops and amenities?

Is there a park or playground nearby suitable for older people?

Is there a café/tea shop/coffee shop within an easy walk?

Is there a pub or restaurant within an easy walk?

**ACCESSIBILITY & MOBILITY**

Is there public transport in the area?

Does the person live on or very near to a public transport route (bus or tram stop)?

Is there level access from the building to outside paved areas?

Is seating provided at bus stops?

**SERVICES & SYSTEMS**

Phone, cable and IT

Does the person have access to a private phone line?

If no to the above, is there a phone the person can use?

Is there a phone they can receive calls on in a private space?

Is there a broadband internet connection?

**Total potential *place* barriers to social exchange in the community**